

The Festivities

We had a very pleasant Christmas and now look forward to the New Year. We had a variety of very good entertainment, with visits from three different schools, we sang carols, were entertained by male vocalists and female, and Partytime Productions were as professional as ever, their two girl's performance of **'Let the Bells Ring'** was absolutely superb! I shall definitely be booking them again for next year!

"I've had a lovely time!"



After the Show we enjoyed a delicious buffet with drinks, and chatted whilst listening to music, rounding off a wonderful afternoons' entertainment.





Huw Knight

Sang a mixture of songs, some old some new, some carols some Christmas songs and even some of his own. Most genres are covered. There was something for everyone! And as I thought it did make a change to hear a male singer as we have female vocalists quite regularly. We look forward to hearing Huw sing again as when asked the audience agreed that they were very pleased with his performance, and would love for him to come and entertain us again.

Rachel Hyde

Rachel, one of our favourite singers did not fail to impress us with her zany Christmas costume. What a cracker!

“What a Costume!”

As usual her choice of songs were spot on, sensing the mood of the audience, and as she knows us all so well now, she was able to choose our seasonal favourites.

Rachel will be back to entertain us Thursday January 31st in the afternoon, bag your seat after lunch as Rachel is very popular!





Pass the Parcel

A large group of us played 'Pass the Parcel' with a few children from Kington's Little Orchard Nursery School which was great fun! Everyone unwrapped something small and edible! Mmmm!
Simona and I have invited them to visit on a regular basis, and they agreed that it would be a very good idea.



Holy Communion



Thursday 3rd 17th 31st January
In the sitting room 11 AM
*Visits to own rooms
as required.*

What's happening at the Garth January 2019:

- We had a wonderful Xmas – residents and the team alike; residents appeared to like their presents chosen by their keyworkers;
- The lift at the bottom of the home is still broken, we are going to have to purchase a new one – we are still receiving quotes from various companies, once replaced you will not see any changes the visible part it will all be inside, this is a significant expense approx. £34k;
- We have replaced the board as you enter the Garth with a tree, all staff on duty that day will have their pictures on display
- We are also attaching the friends, relatives and advocates survey, a big thank you to all those who took the time to complete. Please take the time to read the results and suggestions for how we can do things better.
- We are going to start a group called 'friends of the Garth' we would love as many family members to be involved and be able to express any ideas suggestions for improvements, we have pencilled in the 28th February at 6pm, please let us know if you are able to attend.

Many thanks
Rachel

This Years' Big Project

Turn the Beat Around

In conjunction with
Hereford Courtyard's Creative Ageing Programme

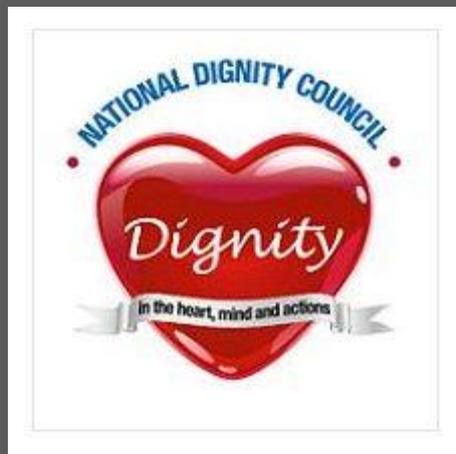


Turn the Beat Around is our latest mentor led project.
We are working with leading Rhythm Musician Liv, who specialises in community music based projects for older people.
Suitable for all abilities this project is a fantastic opportunity for residents to be creative and express themselves through gentle dance and movement.

10-week long music residency
Thursday Afternoons

Commencing 24th February

In the past our projects with Hereford Courtyard have been exceptional. They have all consisted of 10 week sessions, and we have enjoyed the experience of working with poets, dancers, actors, and each practitioner has been of the highest standard. Over the 10 weeks we have become very close to the practitioners and therefore produced an amazing array of very individual and personal work.



Debbie, Activities Co-ordinator and Marion, Dignity Champion would like to extend invitations to all residents, staff, residents' families and friends to join us at this important event.



Digni Tea Party

Please come and join in the event to celebrate and promote dignity in our home.

The Garth is participating in **Dignity Action Day** – A day that brings staff and relatives together to make a difference to those receiving care.

We will be holding a **Digni Tea Party**, this will involve everyone who wishes to attend and will be held on Wednesday 6th February at **The Garth**.

Dignity Action Day gives everyone the opportunity to contribute to upholding people's rights to dignity and provide a truly memorable day for people receiving care and giving.

So if you want to get involved contact either **Marion or Debbie**.

Alternatively if you want to find out more about **Dignity Action Day** and get involved with other activities that are happening around the country go to www.dignityincare.org.uk

Digni Tea Cake & Refreshments in the sitting room
Wednesday 6th February 2.30pm